

FREE!



**TWO WEEKS
TO A BETTER LIFE**

**SHARE!
RECOVERY
RETREAT**

(626) 677-3850

- ◆ Lots of recovery activities
- ◆ Free room and board for up to two weeks
- ◆ Peer-designed and client-run, so it works!
- ◆ Make friends



SHARE!
shareselfhelp.org
retreat@shareselfhelp.org

- ◆ Mental health recovery
- ◆ 18 years or older
- ◆ Live as a family
- ◆ Design your own recovery journey for a great life!
- ◆ Fully accessible



FUNDED BY THE LOS ANGELES COUNTY DEPT. OF MENTAL HEALTH